

## JACQUES VAN DER HOOS

Jacques is your archetypal hard-nosed Springbok second rower. He reflects on his harsh childhood in the Transvaal and the extreme training regimes inflicted upon him by his domineering father. Shoulder charges against electric fences; tackling drills with stampeding cattle and donning the bullet proof vest for a length of the field dash across the rifle range.

All that hardship paid off as his career took off, but all of that was lost when on the eve of the Tri-Nations he arrived at the gala ball wearing a taffeta, off the shoulder, evening gown.

Despite relishing the freedom of having his penchant for frocks out in the open he tells the story of his career being ruined by a rugby world not yet ready for a second rower in sequins.